

Yoga Trainer (Visiting)
website :- www.yashada.org

Yashwantrao Chavan academy of Development Administration (YASHADA) is the apex training institution set up by Government of Maharashtra. The Academy is imparting residential training to participants who come from all over Maharashtra and India. The Academy is on the lookout for a Yoga Trainer (Visiting). Yoga training is provided to the trainee participants. Besides, the Academy's staff and family also attend Yoga training. The Yoga batches are as follows.

Details of training	Timings
Morning	Daily 6:00 am to 7:00 am/7.00 to 8.00 am.* Except Sunday.
Evening	Daily 6.00 to 7.00 pm./ 5:30 pm to 6:30 pm.* Except Sunday.

* Timings are subject to change as per requirement.

Interested applicants meeting the following criteria are hereby invited to attend a walk-in-interview on 24th August 2018 at 11.00 a.m. along with relevant documents for credentials. The selected applicant will be taken as Yoga Trainer(Visiting) on contract basis on honorarium.

1. The applicant should have completed a Diploma related to Yoga Training.
2. The applicant should have experience of more than 5 years in Yoga Training.
3. The applicant should have fundamental understanding and scientific approach to asanas, pranayama and basic meditative procedures and be able to explain their benefits through continued practice. He should have knowledge about different warm-up exercises suitable for office environment.
4. The applicant should be willing to abide by the terms and conditions to be set out on selection and from time to time.

sd/-
Registrar
YASHADA, Pune.